



HAWAII

Amount of Required Physical Education: The state requires students to take physical education for at least 45 minutes per week for grades K-3, 55 minutes per week for grades 4-5, and 200 minutes per week for grade 6-12. Students must earn physical education is required for high school graduation. Physical education requirements are enforced by the state's wellness guidelines.

Physical Education Equipment and Facilities: The state does not annually assess the availability of appropriate equipment and adequate facilities for students to engage in required physical education instruction.

High School Graduation Requirements: The state requires students to earn 1.0 credit in physical education for graduation.⁸³

Substitutions: The state does not permit school districts or schools to allow students to substitute other activities for required physical education participation or credit.

Exemptions/Waivers: The state permits schools or school districts to apply for a waiver from the state physical education requirements. School principals have authority to waive any course requirements in extreme cases. Students may apply for an exemption from the required physical education for medical reasons.

Physical Activity: The state requires elementary schools to provide 20 minutes of daily recess, and does not require a minimum weekly amount of physical activity time for elementary, middle school/junior high, or high school students. Classroom physical activity breaks are not required. The state prohibits the use of withholding physical activity, including recess, as punishment for disciplinary reasons. It also prohibits using physical activity as punishment for inappropriate behavior.

Local School Wellness Policy: The state requires schools or school districts to provide their local school wellness policy to the state education agency and to post it online for the public. The state monitors the implementation of local school wellness policies through the School Health Index.

State Standards: The state has adopted standards for physical education, with which all school districts must comply. [The Hawaii Content and Performance Standards III for Physical Education](#) were last revised in 2006.

Areas addressed in the state standards include:

National Standard 1: Competency in a variety of motor skills and movement patterns

National Standard 2: Knowledge of concepts, principles, strategies and tactics related to movement and performance

National Standard 3: Knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness

National Standard 4: Responsible personal and social behavior that respects self and others

National Standard 5: Value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

State Curriculum: The state does not require the use of specific curricula for elementary, middle school/junior high or high school physical education, but does have a list of recommended curricula for school use. It requires a year to year revision of the curriculum, as needed. The state has distributed written physical education curriculum, goals and objectives of physical education; student learning benchmarks; chart describing scope and sequence for physical education; and lesson plans or learning activities for physical education to schools or school districts. It has promoted use of the Physical Education Curriculum Analysis Tool (PECAT) through state communication networks.

State Funding for Physical Education Programs: General education funding is available for the state's physical education programs in school districts and schools. Additional funding is available from the Hawaii Department of Health for physical education programs in schools and school districts.

Class Size: The state has a required student-teacher ratio for physical education.

Grade Point Average (GPA): The state requires physical education grades to be included in a student's GPA.

Online Physical Education Courses: The state does not allow students to earn required physical education credits through online physical education courses.

Student Assessment Requirements: The state requires student assessment related to the state physical education standards in grades 1-5 and grade 9. Students are assessed in National Standards 1-4. Aggregate results are used to inform school district or school's long-term strategic planning and individual student results are sent to each student's parent/guardian.

Fitness Assessment: The state does not require student physical fitness assessment.

Body Mass Index (BMI): The state does not require schools to collect students' BMI or height and weight.

Certification/Licensure of Physical Education Teachers:

The state requires physical education teachers to be state certified/licensed and endorsed to teach physical education at the elementary, middle school/junior high and high school levels. It also requires physical education teachers to pass a physical education certificate/licensure exam (Praxis) before they are endorsed to teach physical education. Elementary classroom teachers (generalists) are allowed to teach required elementary school physical education classes.

Professional Development of Physical Education

Teachers: Professional development is required in order to maintain/renew one's physical education teacher certification or licensure, and must be on physical education topics. State funding is provided for this professional development.

Teacher Evaluation: The state has a teacher evaluation system for all teachers.

National Board Certification: The state supports the National Board Certification process by providing or facilitating mentoring for teachers going through the process and providing partial funding if the teacher receives board certification.

District Physical Education Coordinator: The state does not require each school district to have a licensed physical educator serving as a physical education coordinator. It has designated staffing (<1.0 FTE) to oversee implementation, compliance, technical assistance, or monitoring of physical education programs in school districts and schools

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83 4540 - High School Graduation Requirements and Commencement Policy, Haw. Bd. of Edu. (2016). Available at <http://www.hawaiidoe.net/policies/4500series/Pages/4540.aspx>